

# BIRTH IN BALANCE:

## Attitudes and Practice—Integrating What We Know



Midwives' Association of Washington State  
**SPRING CONFERENCE**  
Friday May 14, 2010 - Seattle Pacific University

With Michael Klein MD, Penny Simkin PT, Sheila Capestany MPH, MSW, and Molly Gray ND/LM

**A cross-disciplinary conference  
for midwives, obstetricians,  
family practice doctors,  
obstetric nurses, doulas, and  
childbirth educators**

**Please join us for this great  
opportunity to network with your  
colleagues in perinatal care!**

Featuring the latest research and wisdom on birth practices and attitudes presented by **Dr. Michael Klein, Emeritus Professor of Family Practice and Pediatrics from the University of British Columbia**

**Internationally-recognized lecturer and author Penny Simkin** on her recently published analysis, "The OP Fetus: How Little We Know"

**Dr. Molly Gray** on toxins in pregnancy (Molly recently testified at a Senate hearing on this topic)

**Sheila Capestany** discussing the superb birth outcomes seen with the Open Arms Community Doula Project

*Parking is free*

*Lunch is included with advance registration*

**Learn more/Register**  
**[www.birthinbalance.org](http://www.birthinbalance.org)**