



The Midwives' Association of Washington State  
presents our 2017 Conference:

# Supporting the Supporters: Finding a Happy Balance

May 4th & 5th • Tacoma, WA • Court House Square

# Schedule of Events

We invite participants to create their own experience by choosing from an array of workshops and speakers. The workshops on May 4th will focus on practical skills and peer review for our professional members. The main event on May 5th runs the gamut from advanced suturing for practicing midwives to strengthening bonds through storytelling. Every participant will find something to sharpen their skills and feed their souls. Several of these workshops involve active participation and movement. We encourage comfortable clothes and shoes. Up to 10 MEAC and ACNM CEUs will be applied for.

Schedule subject to change. Registrants will be notified of any significant changes.

## Thursday May 4<sup>th</sup> 2017

Morning	Session	
8:00-12:00	1	Karen Hays, DNP, CNM, ARNP - Nonstress Test (NSTs) in Midwifery Practice
	2	Alisha Wilkes, DNP, CNM, ARNP and Jen Segadelli, JD, MSM - IUDs in Midwifery Practice: Past, present, future
	3	Peer Review
12:00-1:00		LUNCH
1:00-5:00	4	Karen Hays, DNP, CNM, ARNP - Nonstress Test (NSTs) in Midwifery Practice
	5	Midwifery Skills Circuit: IV Access, LMA, Client Education and More!
	6	Peer Review
5:30-7:30	7	Round Table NRP Discussion: Policy and Practice

Space will be available for Peer Review throughout the day.

## Friday May 5<sup>th</sup> 2017

Morning	Session	
8:00-8:45		Welcome with Vendor Breakfast
8:45-9:35		Leslie Butterfield, Ph. D., and Whitney Mack: Finding your happy place?
9:35-9:45		Midwives of Wisdom
9:45-10:00		Vendor Break
10:00-10:50	A1	Nadine Hamil - Birthing Your Creative Self
	A2	Jane Erickson, MEd - Am I Enough? Parenting and Midwifery
	A3	Whitney Mack - Deciphering Cravings: Your guide to joy + fulfillment
10:50-11:10		Break with Vendors
11:10-12:00		Jeffrey Morse, MD, MS, FACEP - Methylation
12:00-1:00		Lunch
1:00-2:50	★	Ali Lewis, MD, FACOG – Advanced Suturing for Midwives
1:00-1:50	B1	Jeffrey Morse, MD, MS, FACEP – Vitamin D
	B2	Katrina Ji – Shakti: body movement and stress reduction
2:00-2:50	C1	Monica Eggleston, MSN, FNP-C. Functional Medicine Core Concepts and Applications in Pre-Conception and Beyond
	C2	Tracy Jacoby - Billing and Reimbursement for 2017
2:50-3:10		Break with Vendors
3:10-5:00	★	Ali Lewis, MD, FACOG – Advanced Suturing for Midwives
3:10-4:00	D1	Mark Houghton, RN, PAS - Posture Therapy Basics, and Benefits in Pregnancy
	D2	Michael Roggenkamp, CPA, MS Tax Getting down to Business
4:10-5:00	E1	Elizabeth Paasch – Stories from the Heart: Strengthening one another through storytelling
5:00-7:00		Keynote Presentation - Jason Kotecki - Escape Adulthood: Living and Working with Less Stress and More Success

★ Please bring your own suturing instruments. All other supplies are provided. This is an advanced workshop. Practicing midwives only, no students please.

## Pricing

1 day	Thursday	\$100	Pre-Conference workshops. Additional cost for CEUs. Lunch not included.
1 day	Friday	\$255	Full day conference. Additional cost for CEUs. Lunch included.
2 day	Thursday and Friday	\$355	Two day conference price. Additional cost for CEUs. Includes lunch on Friday. No lunch provided Thursday.
2 day	EARLY BIRD DISCOUNT	\$300	Includes registration for both days, guaranteed seat in suturing and NST workshop. Additional cost for CEUs. Includes lunch on Friday. No lunch provided Thursday.
Student 1 day		\$90	Registration for Thursday OR Friday. No early bird discount. Additional cost for CEUs. Includes lunch on Friday. No lunch provided Thursday.
Student 2 day		\$150	Registration for Thursday and Friday. No early bird discount. Additional cost for CEUs. Includes lunch on Friday. No lunch provided Thursday.

Scholarships are available:  
contact [info@washingtonmidwives.org](mailto:info@washingtonmidwives.org)

\$15 flat fee for CEUs, not included in price.

Donation requested for peer review participants who are not registered for the Conference.

## Registration

[Register now!](#)

Space is limited.

We can't wait to see you in Tacoma.

## Meals

Thursday lunch will not be provided. You will have time to explore local eateries.

Friday a light continental breakfast will be provided. Lunch will be available for pre-order, included in registration price. Coffee bar will be available throughout the day.

## Location

[Court House Square](#)

1102 A Street

Tacoma, WA 98402

Presented by the Midwives' Association of Washington State

[www.washingtonmidwives.org](http://www.washingtonmidwives.org)