

COVID 19 COMMUNITY BIRTH ALGORITHM

Pre-Contact Screening -
Should be conducted over the phone 4-12 hours before all planned visits.

START HERE 

Symptoms within 14 Days:

Is the client or household member symptomatic?

- Fever (100.4)
- Cough
- Difficulty Breathing or Shortness of Breath
- Gastrointestinal Symptoms

YES

NO

Assess for Severity

- Difficulty Breathing/SOB
- Bloody Sputum
- Chest Pain/Pressure
- Signs of Dehydration/At Risk of Becoming Dehydrated
- Lethargic/Decreased Alertness

OR COVID-19 TEST POSITIVE

YES

NO

Concerning Comorbidities

- Autoimmune Disease
- Diabetes
- Cardiovascular Disease
- Respiratory Issues
- Kidney Issues
- Blood Disorders
- Age >40
- Immunosuppressants

COMORBIDITIES PRESENT?

YES

NO

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YES

NO

Exposure Risks:

- Travel to Areas with Confirmed Cases
- Confirmed Cases in County of Residence
- Exposure to PUI or Confirmed COVID-19
- Household Member with Cold or Flu Symptoms

NO

YES

Immediate Referral to ED or L&D - Notify Facility of Impending Transfer of PUI

- High Risk of Developing Severe Disease
- Assessment & Testing Recommended
- Referral to OB for Follow-up
- Not OOH Birth Candidate Unless Recovered and Noncontagious or Negative Test

- Self-Isolation & Consider Alternative Care Options
- Telehealth Visits
- Self-Care
- Increased Interval Between Visits
- If In-Person Visit is Required, Utilize PPE and Stringent Infection Control Practices
- Refer for OB Emergencies per Normal Protocols
- May Birth OOH with PPE and Informed Consent.

- Routine Prenatal Care
- Limiting Visitors in Office Visits, Including No Children Present for Visits
- Consider Limiting Staff Presence
- Follow Infection Control Cleaning Practices
- Refer for OB Emergencies per Normal Protocols
- May Birth OOH Per Normal Protocols

GUIDELINES PRIMARILY ADAPTED FROM ACOG, CDC, AND VDH RECOMMENDATIONS AND ADAPTED FOR THE COMMUNITY BIRTH SETTING:

<https://www.acog.org/Clinical-Guidance-and-Publications/Practice-Advisories/Practice-Advisory-Novel-Coronavirus2019?IsMobileSet=false>
https://www.cdc.gov/coronavirus/2019-ncov/prepare/pregnancy-breastfeeding.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fspecific-groups%2Fpregnancy-faq.html
<http://www.vdh.virginia.gov/surveillance-and-investigation/novel-coronavirus/>

SECONDARY SOURCES USED:

<https://avivaromm.com/category/covid-19/>
<https://www.marchofdimes.org/complications/coronavirus-disease-covid-19-what-you-need-to-know.aspx>
<https://www.rcog.org.uk/globalassets/documents/guidelines/coronavirus-covid-19-infection-in-pregnancy-v2-20-03-13.pdf>