

The 9 Steps of a LOBBY DAY Visit March 16, 2023

1. BEFORE ENTERING your VISIT:

Look to see which district the Legislator you are going to see represents.

- Statewide maps:
<https://leg.wa.gov/LIC/Documents/EducationAndInformation/2023%20state%20district%20maps%20and%20members.pdf> or
https://leg.wa.gov/LIC/Documents/Maps/Redistricting%20Map%20Booklet_2022.pdf
- Keep in mind that your appointment is only 10-15 min when planning what you want to say

2. INTRODUCE YOURSELF and let them know if you are a constituent or if your clients or colleagues live in their district. Find your legislator here: <http://app.leg.wa.gov/DistrictFinder/>

3. THANK the Representative for their support in the past.

- Many of our efforts have passed either unanimously or by a wide margin, so you can thank all House Reps and all Senators for something (Click on “View Roll Calls” for detail). There won’t be time to thank them for everything, but you can be specific if something is important to you personally. Past support may include:
 - (2022) [SSB 5765](#) License extension option for LMs to prescribe contraception & meds for common conditions
 - (2021) Continuing to support funding the cap on LM licensing fees & other bills we supported
 - (2020) Continuing to support funding the cap on LM licensing fees & other bills we supported
 - (2019) Passing the [Governor’s Budget](#) included funding the cap on LM licensing fees & “Doula for All”
 - (2018) [HB2016](#) - Ensuring access to volunteer midwifery & doula services for incarcerated persons

4. TELL YOUR STORY (briefly): Have one person from your group give a brief personal example of why/how Licensed Midwifery has positively impacted their life.

*Stories that illustrate the value of ensuring LM clients have access to antibiotics for the treatment of common infections & to all contraception are especially relevant!

5. SUMMARIZE OUR POSITION:

- See Talking Points

6. REFER Legislators to our Electronic Lobby Day Packet (E-Packet):

- www.washingtonmidwives.org/2023

7. It’s very important not to forget THE ASK:

- Will you support our budget provisos and help them to move forward this session?
- And also pause for questions from the legislator!

8. AFTER THE VISIT:

- Record some notes about your visit on the [provided google form](#); note who is supportive and who is not; include any requests for more information or follow-up. <https://forms.gle/zNUGLduEvutF67IS7>

9. FOLLOW-UP:

- Consider sending thank you cards or emails. Watch for any additional requested follow-up.
- Any further questions or concerns can be addressed by our Lobbyist, Amber Ulvenes amber@ulvenesconsulting.com or MAWS info@washingtonmidwives.org