

COVID-19 Clinical Decision Guidance for Outpatient Settings

These recommendations are developed to assist clinical decision for healthcare providers interacting with patients who have concerns about COVID-19 illness and should accompany good clinical judgment. Most people with COVID-19 have mild symptoms, and be aware that other respiratory infections (e.g., influenza, RSV, etc.) exhibit signs and symptoms similar to COVID-19. Guidelines are rapidly evolving and will be updated accordingly.

SYMPTOMS? (New or worsening fever, cough, shortness of breath in the past 14 days)	EXPOSURE/RISK FACTOR? A. Confirmed to have COVID-19 B. Close contact* (see below) C. Traveled to high risk areas D. People at higher risk***	COUNSELING RECOMMENDATIONS (Isolation precautions, monitoring, self-care, etc.)	SARS-CoV-2 (COVID-19) TESTING**?
Asymptomatic	A, B, C, D	<ul style="list-style-type: none"> Avoid public places and stay home or at other designated space, away from other people, for 14 days Monitor symptoms during the <u>14 days after the last day of close contact with the sick person with COVID-19 or from the time of last exposure</u> Wear a facemask when around other people Follow hygiene and sanitation guidance Contact health care provider if symptoms develop 	No
Symptomatic (Mild or Moderate) <i>Not Requiring Hospitalization</i>	None	<ul style="list-style-type: none"> Avoid public places and stay home or at other designated space, away from other people, until <u>3 days after the fever ends and symptoms improve</u> Wear a facemask when around other people Follow hygiene and sanitation guidance Contact health care provider if symptoms worsen 	Clinical Judgment
	A, B, C, D	<ul style="list-style-type: none"> Avoid public places and stay home or at other designated space, away from other people, for <u>7 days OR until 3 days after the fever ends and symptoms improve, whichever is longer</u> Wear a facemask when around other people Follow hygiene and sanitation guidance Contact health care provider if symptoms worsen <u>People at higher risk*** should contact their healthcare provider early even for mild illness</u> 	AND Consider Public Health Priority Groups for COVID-19 Testing **
Symptomatic (Severe)	None or Any	<ul style="list-style-type: none"> Seek emergency care immediately Notify the dispatch personnel that the patient has or may have COVID-19 	Yes

*CLOSE CONTACT with person with laboratory-confirmed COVID-19 includes:	** PUBLIC HEALTH PRIORITY GROUPS FOR COVID-19 TESTING The following patients with COVID-19 symptoms should be tested for COVID-19:
<ul style="list-style-type: none"> Living in the same household as a sick person with COVID-19 Caring for a sick person with COVID-19 Being within 6 feet of a sick person with COVID-19 for about 10 minutes Being in direct contact with secretions from a sick person with COVID-19 (e.g., being coughed on, kissing, sharing utensils, etc.) 	<ul style="list-style-type: none"> Healthcare workers Public safety workers (e.g., law enforcement, fire fighter, EMS) Patients who live or work in an institutional or congregate setting (e.g., corrections, long term care facility, homeless/shelters) Patients working in critical infrastructure occupations (e.g., grocery stores, pharmacies, restaurants, gas stations, public utilities, etc.)
	***People at higher risk of developing severe illness from COVID-19: (Should contact their healthcare provider early if their symptoms worsen)
	<ul style="list-style-type: none"> Over 60 years of age With underlying medical conditions Who are pregnant

**COVID-19 Testing Information for Healthcare Providers and Public Health priority groups for testing are available at:

<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/Interim-2019NovelCoronavirusQuicksheetProviders.pdf>